

Spring Yoga Retreat at

Maya Tulum



With Beth and Terry Kiely

Saturday, April 16 to Saturday, April 23, 2011 in Tulum, Mexico

Join us for our eighth annual yoga retreat of health, healing, and fun! You will deepen your practice during this dynamic week of yoga and meditation. Relax and restore during our spring week of smiles and sharing in an inspiring setting.

We will start each day with guided meditation and come together twice daily for a rigorous Baptiste Power Vinyasa Flow class in the morning and an afternoon session that will incorporate restorative, partner and workshop work. Beth and Terry will guide you as you explore your potential in a supportive and peaceful environment.

Maya Tulum is located right on the beach and is amongst the most beautiful, welcoming yoga resorts in the world. There is plenty of time for personal recreation, relaxing or adventures. Healthy and delicious food and interesting company make this a memorable week.

Log on to www.mayatulum.com to find out more about the resort.



Om on the Range
Yoga Studio

Om on the Range Maya Tulum Retreat 2011 Reservation Form

Name _____

Address _____

Preferred phone number _____ Email address _____

Single/beach _____ Single/ocean _____ Single/garden _____

Double/beach _____ Double/ocean _____ Double/garden _____

Anything you want us to know? _____

Retreat costs for the week include accommodations, taxes, tips, yoga classes, airport transfer for Saturday travel, and three meals daily.

Beach cabana	Double: \$2000	Single: \$2800
Ocean cabana	Double: \$1900	Single: \$2500
Garden cabana	Double: \$1800	Single: \$2400

Prices do not include airfare. To reserve your space, please complete the form above and send it, with a deposit check of \$500 payable to:

Om on the Range Yoga Studio
3759 N. Ravenswood, Suite 125, Chicago IL 60613

The balance of your payment must be received by March 1, 2011. Refunds are not available after that date, unless the space can be filled.
\$50 discount for payments via check or cash.



Beth & Terry Kiely run *Om on the Range* Yoga Studios in Chicago. They have been practicing yoga for over 16 years and teaching for 9 years. The Kielys are certified Baptiste Power Vinyasa Yoga Teachers and are certified in Bikram Yoga. They are inspired by numerous yoga traditions.

Beth and Terry live their yoga daily in their roles as teachers, students, parents, and neighbors. Yoga keeps them joyful and sane, while their two young sons are an inspiration for staying connected to the now. Their annual spring yoga retreat is a total integration of all they love.